

# Rupanyup Primary School

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## ACHIEVING TOGETHER



## Week 9, Term 2

### Wednesday 14th June 2017

#### DIARY DATES:

#### June 2017

Mon 19 <sup>th</sup>	MARC Van
Tues 20 <sup>th</sup>	School Council
Weds 21 <sup>st</sup>	Greater Western Football - Ballarat
Thurs 22 <sup>nd</sup>	CEP (P-Yr2) 'Going on a Bear Hunt'
Fri 23 <sup>rd</sup>	Student Reports sent home
Mon 26 <sup>th</sup>	Parent/Teacher Interviews
<b>Fri 30<sup>th</sup></b>	<b>'Wear Red for MS'</b>
Fri 30 <sup>th</sup>	Last Day Term 2 – 2.30pm finish

#### July 2017

Mon 17 <sup>th</sup>	Return to School
Mon 17 <sup>th</sup>	MARC Van
Tues 18 <sup>th</sup>	School Council
Fri 21 <sup>st</sup>	CEP (Yr3-6) Wind in the Willows
Mon 31 <sup>st</sup>	MARC Van

Items in bold print are new additions to the calendar.



#### **Things you may need TO DO:**

- ✓ Piggy bank books
- ✓ Pay School Fees

Our current value is

# COOPERATION

## YELLOW PENCIL

Co operation is about unity, joining forces, willing to share experience and learnings.



#### YOUTH HALL CLEANING ROSTER

MONTH: JUNE

FAMILY: ZOLJ

## JULIE'S NOTES

As I write this, I am in Melbourne at a regional principal's conference. While this takes me away from the school, it is a fantastic opportunity to hear what leading educators in other countries are doing as well as discussing the direction the Western region are heading in.



Last Thursday we had a pirate theme day. This was to raise money for research into childhood cancer. We had so

many pirates in the school and we raised over \$60, which is amazing.

Prize winning pirates were:

Archie McQueen, Ryder Smith and Connor Weidemann. The overall winner was the pinkest pirate here – Emily Morgan.



Our next theme day is the last day of this term – "Wear Red for MS". Tully Gordon has offered to make some cupcakes to sell on the day for 50cents each so bring a gold coin and 50cents if you would like a cupcake. Thanks Tully.

On Friday, staff will be working on finishing of the first semester reports for all students. These will be sent home on the 23<sup>rd</sup> of June. The following week will be parent teacher interviews. It would be great if as many parents as possible attended these. Forms for this are being sent home with this newsletter.



## STAFF NOTES

### Super Assembly

As always, it was great to see parents, grandparents and friends come along to the Super Assembly. The children get a real thrill from performing and showing off their talents.

### Boan family

Deepest sympathies to the Boan family on the passing of Alf. Our thoughts and prayers are with all the family at this time.

## IN THE CLASSROOM

### Prep/1

**Letter of the Week:** LL - love, like, let

**Words of the Week:** to, you

**Sound of the Week:**

Prep: Yy - yes, yellow

Year1: Cr words- crab, crow, crack

**Book of the Week:** "Magic Beach"

**Maths:** Counting to 100 by 5's & 10's  
Making small sentences 5+3+2=  
Measuring big small short tall

### **Special Events:**

Please Note the Prep-Yr2 sleepover will be held early Term 3. It will be on a Friday evening.

### **Remember:**

1. Reader bags and Homework
  2. Return Permission Forms for 'Bear Hunt'
- Thank you, Mrs Schodde

## STUDENT COUNCIL

### **Hot Dogs**

Student Council will be selling hot dogs this Thursday at lunch time for \$3. Please fill in the attached order form and return it with correct money by 9.30am on Wednesday. Sorry no late orders. Please make sure your order and money are either in your calico money bag or in a sealed envelope.





# COMMUNITY NOTES

## Australian Government Mobile Service Centre



medicare

child support

The Australian Government Mobile Service Centre is supporting rural communities by providing convenient access to Australian Government payments and services. This specialised vehicle offers a wide range of face to face and self service assistance for rural families, older Australians, students, job seekers, people with disability, carers, farmers and self-employed people.

You can visit the Mobile Service Centre:

Opposite Boyd's Cafe, Cromie Street

RUPANYUP

Tuesday, 27 June 2017

9.30 am to 4 pm

Experienced staff travel with the Mobile Service Centre and provide friendly, face-to-face service, information and support. On this trip, the Australian Taxation Office will be available to assist with advice and information about tax and superannuation. If the assistance you're after is not available, arrangements will be made for someone from the relevant organisation to contact you.

For more information, go to [humanservices.gov.au](http://humanservices.gov.au) and search for Mobile Service Centre or call 132 316.

SE159B.1505

**Australian Government**  
**Department of Human Services**

## Warracknabeal Leisure Centre

July - School Holiday

Program 2017

for Kinder & Primary School Age Children  
at the Warracknabeal Leisure Centre

33 Anderson St/

\$5.00 per session per child



### "Plaster Paints"

Thursday July 6<sup>th</sup> - 12md - 1.30pm  
& Friday July 7<sup>th</sup> - 2.30pm - 4.00pm  
*(painting first half of session followed by sport activities on court)*



Soccer

### "Net Sports"

Thursday July 13<sup>th</sup> 12md - 1.30pm

Friday July 14<sup>th</sup> 2.30pm - 4.00pm

All equipment supplied



Volleyball



Badminton

Tennis



B.Y.O light refreshments & drinker

To confirm placings please register with Cheryl - 53981246 before 22<sup>nd</sup> June.  
ext 0429981177 or email [cwoods@yarriambiack.vic.gov.au](mailto:cwoods@yarriambiack.vic.gov.au)

Looking forward to seeing you then. ☺



### Getting to know your food groups!



The Australian Guide to Healthy Eating is the key to us all eating well throughout our busy daily schedules whether we are at school, work or on holidays. The aim is to enjoy a range of nutritious foods from the five food groups in the recommended amounts. The pie chart below shows us the different food groups, which include:

- Vegetables and legumes
- Fruit
- Grain food
- Lean meats, poultry, fish, eggs, nuts and seeds
- Milk, yoghurt and cheese (dairy)

Today we are going to focus on the vegetables and legumes

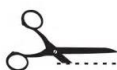
Vegetables and legumes have lots of nutrients/minerals and vitamins and are low in kilojoules which are all very good for the body. Legumes are known as the seeds of plants that are eaten in their immature form including, beans, lentils and peas

You should try to eat lots of different coloured vegetables which can help with reducing weight gain and your risk of stroke.

It is important to have at least 5 serves of vegetables or legumes each day. A serve can look like:

- ½ cup cooked green or orange vegetables (e.g. broccoli, carrots or pumpkin)
- 1 cup leafy salad vegetables
- ½ medium potato or sweet potato
- ½ cup cooked, dried or canned beans, peas or lentils

If you would like any more information on the food groups or the Australia Guide to Healthy Eating visit their website: <https://www.eatforhealth.gov.au/guidelines/australian-guide-healthy-eating>



## HOT DOGS

There will be Hot Dogs for lunch on Thursday

\$3.00 per Hot Dog.

Please return orders and money by 9.30am on Wednesday. **CORRECT MONEY PLEASE AND SORRY NO LATE ORDERS.**

Name	Number of Hot Dogs	Cost
<b>TOTAL:</b>		